FALL Aquatics

SWIM LESSONS

Register in the Tot program based on age of the participant. All other levels are registered based on ability and instructor recommendations. Participants inappropriately registered will be withdrawn from their program.



FOR LIFE"						
LIFESAVING SOCIETY		SAT	WED	TUE/THU	TUE/THU	OTHER WEEKLY OPTIONS
LEVELS	Ages & ability	Sep 27-Dec 6 10 classes No Oct 11	Sep 24-Dec 3 10 classes No Oct 29	Sep 23-Oct 23 9 classes No Sep 30	Nov 4-Dec 4 9 classes No Nov 11	Fr: Sep 26-Dec 5 Su: Sep 28-Dec 7 Mo: Sep 29-Nov 3 Mo: Nov 10-Dec 8
Tot 1 – Jellyfish with Adult	4-12 months	x	x	4 Tuesdays 5:45pm	4 Tuesdays 5:45pm	5 Mondays No Oct 13 9:00am
Tot 2 – Goldfish with Adult	12-24 months	x	x	5 Thursdays 5:45pm	5 Thursdays 5:45pm	5 Mondays No Oct 13 9:00am
Tot 3 – Seahorse with Adult	2-3 years	9:30am	5:45pm	x	x	×
Preschool 1 - Octopus	3-6 years beginner	10:00am 11:00am	4:00pm 4:30pm	4:00 pm 5:00pm	4:00pm 5:00pm	10 classes Fr: 9:30am Su: 4:30pm Su: 5:00pm
Preschool 2 - Crab	3-6 years submerges, aided swims	10:00am 10:30am	4:30pm 5:00pm	4:00pm 4:30pm	4:00pm 4:30pm	10 classes Fr: 10:00am Su: 4:00pm Su: 4:30pm
Preschool 3 - Orca	3-6 years swimming without aid	10:30am 11:00am	4:00pm 5:00pm	4:30pm 5:15pm	4:30pm 5:15pm	10 classes Su: 4:00pm Su: 5:00pm
Preschool 4 - Sea Lion	3-6 years swims in main pool	11:00am	4:00pm	4:00pm	4:00pm	
Preschool 5 - Narwhal	3-6 years front crawl, back crawl	11:00am	4:00pm	4:00pm	4:00pm	
Swimmer 1	6-11 years intro/beginner	9:30am 10:30am	4:30pm 5:30pm	5:00pm	5:00pm	
Swimmer 2	10m crawl	10:00am 10:30am	5:00pm 5:30pm	4:30pm	4:30pm	
Swimmer 3	15m crawl	9:30am	4:00pm 5:00pm	4:00pm	4:00pm	
Swimmer 4	25m crawl	10:00am	4:30pm	5:15pm	5:15pm	
Swimmer 5	25m breast	10:15am	5:00pm	4:30pm	4:30pm	
Swimmer 6	300m drills egg beater & scissor kick	9:30am	4:00pm	5:45pm	5:45pm	
Rookie Patrol	350m drills	11:00am	5:45pm	5:45pm	5:45pm	
Ranger Patrol	200m under 6 minutes	11:00am	5:45pm	5:45pm	5:45pm	
Star Patrol	300m under 9 minutes	11:00am	5:45pm	5:45pm	5:45pm	