



Aquatic Fall Schedule

Effective Sept. 10 – Dec 16, 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lanes & Leisure 6:00-9:15	Lanes & Leisure 6:00-9:15	Lanes & Leisure 6:00-9:15	Lanes & Leisure 6:00-9:15	Lanes & Leisure 6:00-9:15	<i>open 8 am weekends</i>	
Multi-Use 9:15-1:15	Aquacise 9:15-10:00	Lessons 9:15-10:15	Aquacise 9:15-10:00	Lessons 9:15-10:15	Multi-Use 8:00-10:00 Deep Run 9:00	Multi-Use 8:00-11:30
	Lanes & Leisure 10:00-1:00		Lanes & Leisure 10:00-1:00		Lessons 10:00-noon	
Aquacise 1:15-2:00	Multi-Use 1:00-3:30	Aquacise 1:15-2:00	Lessons 1:00-2:00	Aquacise 1:15-2:00	Lanes & Leisure noon-1:30	Lanes & Leisure 11:30-1:30
Multi-Use 2:00-7:00		Lessons 3:30-5:30	Multi-Use 2:00-4:00	Multi-Use 2:00-3:30		
	Lessons 4:00-6:00				Lessons 3:30-5:30	Multi-Use 4:00-7:00
	Multi-Use 5:30-7:00	Multi-Use 6:00-7:00 Deep Run 6:15	Multi-Use 5:30-7:00	Multi-Use 6:00-7:00	Multi-Use 6:00-7:00	
Everyone Welcome 7:00-8:30	Everyone Welcome 7:00-8:30	Everyone Welcome 7:00-8:30	Everyone Welcome 7:00-8:30	Everyone Welcome 7:00-9:00	Everyone Welcome 7:00-8:30	Everyone Welcome 7:00-8:30
Multi-Use 8:30-9:30	Multi-Use & Aquacise 8:30-9:30	Multi-Use & Water Polo 8:30-9:30	Multi-Use & Aquacise 8:30-9:30		<i>closed</i>	<i>closed</i>

Aquacise - No Lanes
Lessons - No Lanes
Everyone Welcome - No Lanes
Lessons with 1 lap lane
Small Pools Only - main pool closed

- Note: schedule subject to change. Check the phone line for weekly current information 604-485-2891.
- An adult must be in the water and remain within reach of all children under the age of 7. Recommended ratio is 1 adult for every 3 kids.
- Participants who are not toilet trained are required to wear a diaper specially made for swimming (available for purchase at reception).